



# T-Shirt Teambuilding

## Directions

### 1. Solo Design Time

Have each student design their T-Shirt following the directions on page 3, approximately 10-15 mins, each design should only contain 2 words, 1) the student's name and 2) the descriptive word describing the student eg. Caring, loving, helpful etc. Every other direction should be drawn and coloured beautifully.

### 2. RallyRobin

Students work with their shoulder partner to RallyRobin items drawn on their T-Shirt, Partner A describes one item from their T-Shirt followed by Partner B describing one item from their T-Shirt this is repeated until all items have been richly described and the RallyRobin round is completed.

### 3. RoundRobin

Students take it in turn to RoundRobin what they have learnt about their shoulder partner from listening during the RallyRobin stage to the other two teammates.

### 4. Display

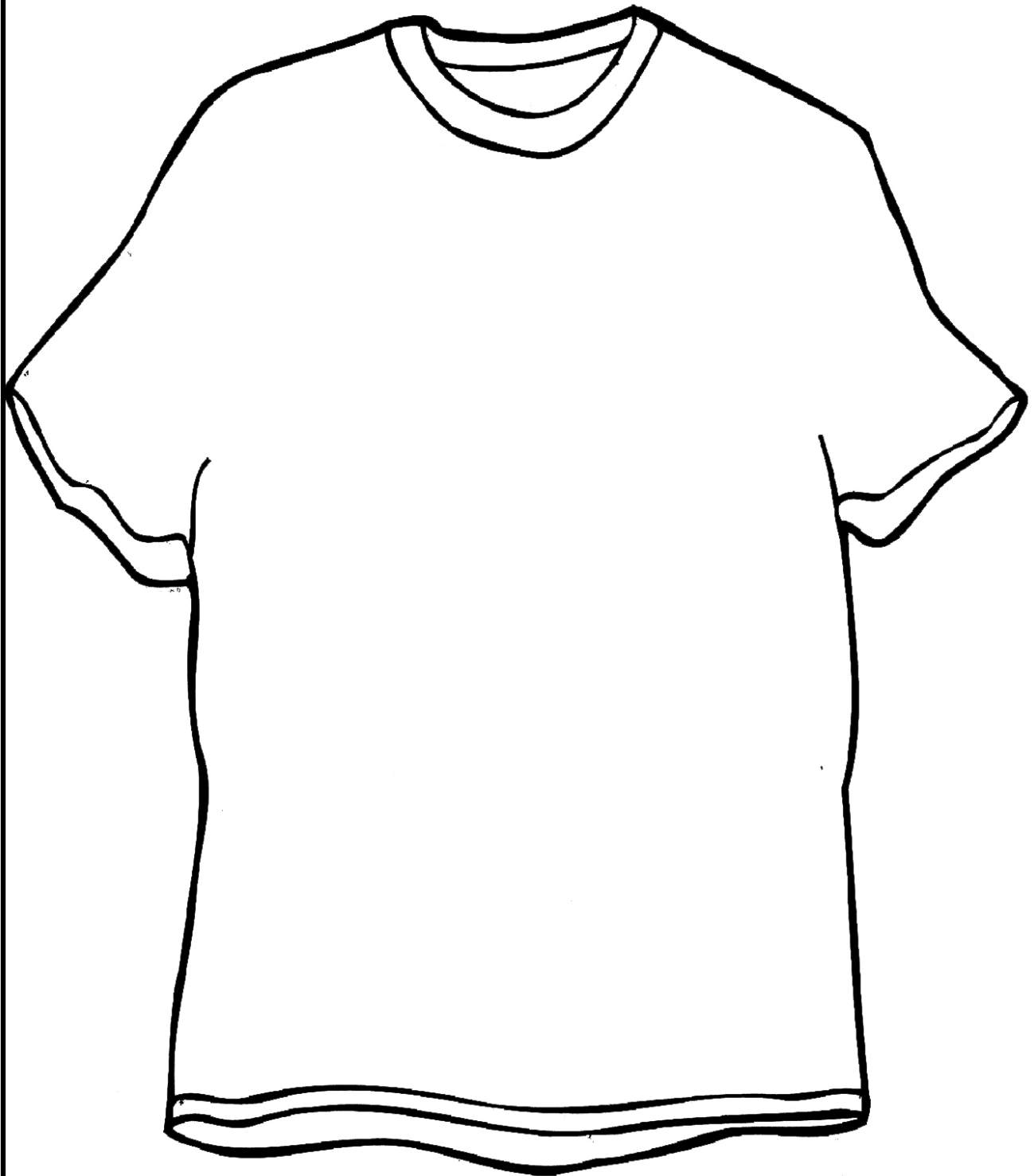
The T-Shirts are cut out and displayed as a Team Poster or Team Mobile.

### 5. Rotating Review

Optional: Students rotate around the classroom looking at, and discussing, the T-Shirt displays of other teams in the process learning more about their classmates.

# My T-Shirt

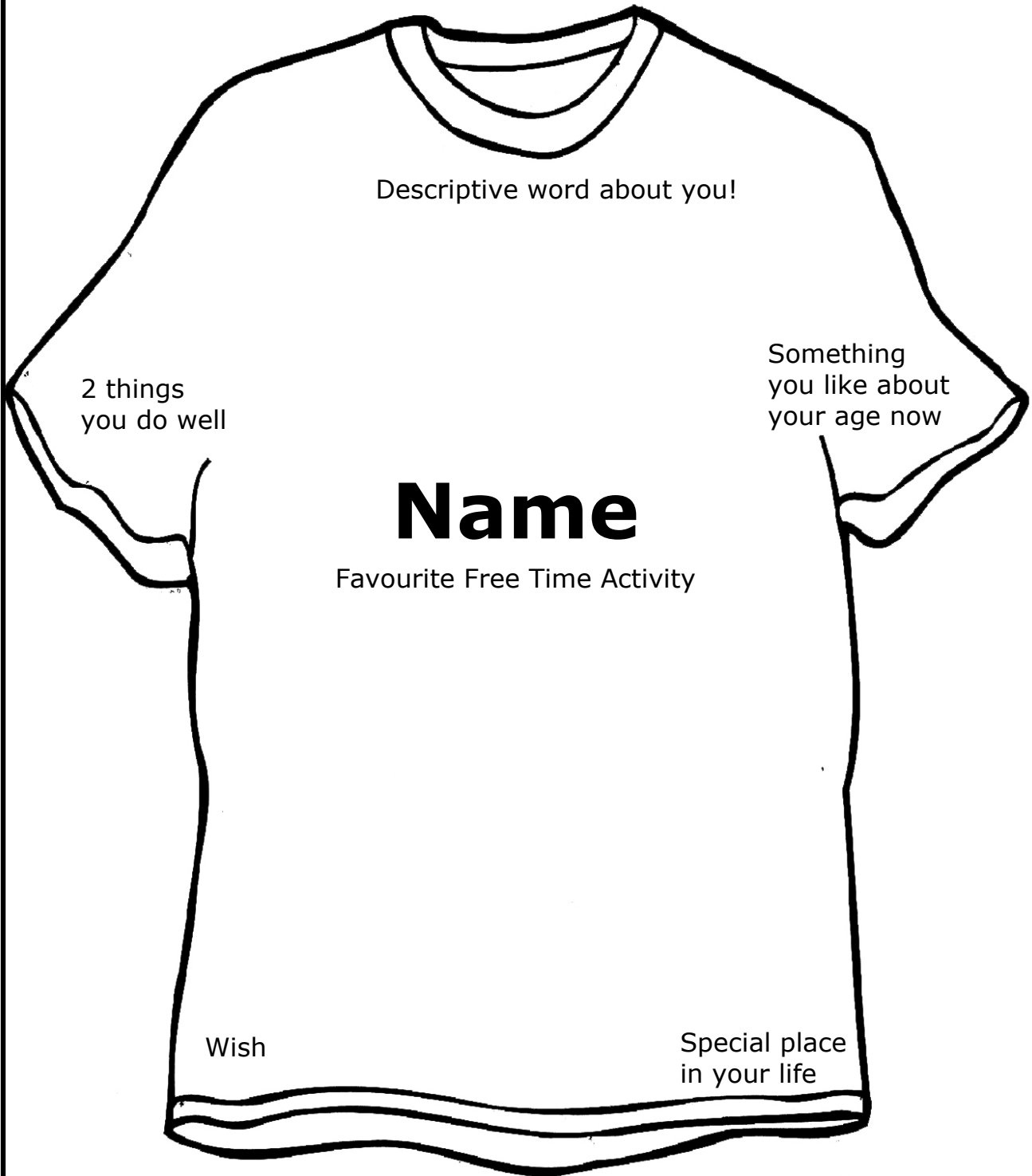
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# My T-Shirt Instructions

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# 5 Reasons To Do Teambuilding

## 1. Create TEAMS in which Together Everyone Achieves More

More hands make the load lighter. More people working together means more productivity. However, teamwork increases more than the quantity of work; it increases the quality of products and projects. When students interact in a positive context, a synergistic power is generated. Students bounce ideas off each other, build on each other's ideas, and share solutions with other teams. By working together successfully, students understand firsthand that none of us is as smart as all of us!

## 2. Promote Real World Teamwork Skills

Teamwork in the classroom is preparation for the real world which is increasingly characterised by teamwork. Isolated, independent work is giving way to a networked and interdependent world. In the workplace of today and the future, teams coordinate their efforts with other teams. Often, success is less a function of what you know than how well you work with others. Teamwork skills are arguably the greatest skill we can give our students to succeed in school, work, and life.

## 3. Create the "Will" and "Skill" to Cooperate

Research shows that when students work together successfully, learning and achievement go up. But just putting students together does not ensure they will work together successfully. Students may have an initial resistance to working together. They may not have the "will" to cooperate, or perhaps lack teamwork "skills". Through fun and motivating teambuilding activities, students acquire the motivation and skills to work together.

## 4. Build positive Student Relations

By working toward a shared goal, there is no longer an "us" versus "them" - it is "we". Like the camaraderie created in sports, classroom teams working toward a common objective promote positive student relations that transcend race, gender, status, culture etc. Students learn to appreciate each other for their unique strengths. Students not only learn to tolerate diversity, they come to celebrate it!

## 5. Enhance Classroom Climate and Have Fun

Teambuilding creates a more positive tone in the class which translates into decreased discipline problems and increased motivation, learning, and liking for class.

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